

the

INFINITE FIELD MAGAZINE

*Exploring the infinite field of possibilities that lies in each
of us...*

THE GOLDEN FLOW

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The Golden Flow

An Interview with Kristopher & Kalyn Raphael
by Synolve Craft

Have you ever been in “the flow” of life where everything you touched turned to gold? Have you ever experienced moments or seasons in your life where everything just came together seamlessly without effort? These times often manifest themselves as sheer perfection leaving us to wonder if we can recreate this Golden Flow again and again.

When I think of The Golden Flow, I automatically think of Neo fighting Mr. Smith in the movie The Matrix. Neo taps into an inner power where all the power of the Universe is at his disposal. Magneto (X-Men) also taps into to this inner power and can literally bring metal to him by simply stretching out his hands. Watching Magneto is really watching the law of attraction at work in divine form. Moses also experienced it as he raised his rod and parted the Red Sea. Many of you have read about “the flow” and have secretly wondered if this was something that was possible for you to experience in your own life.



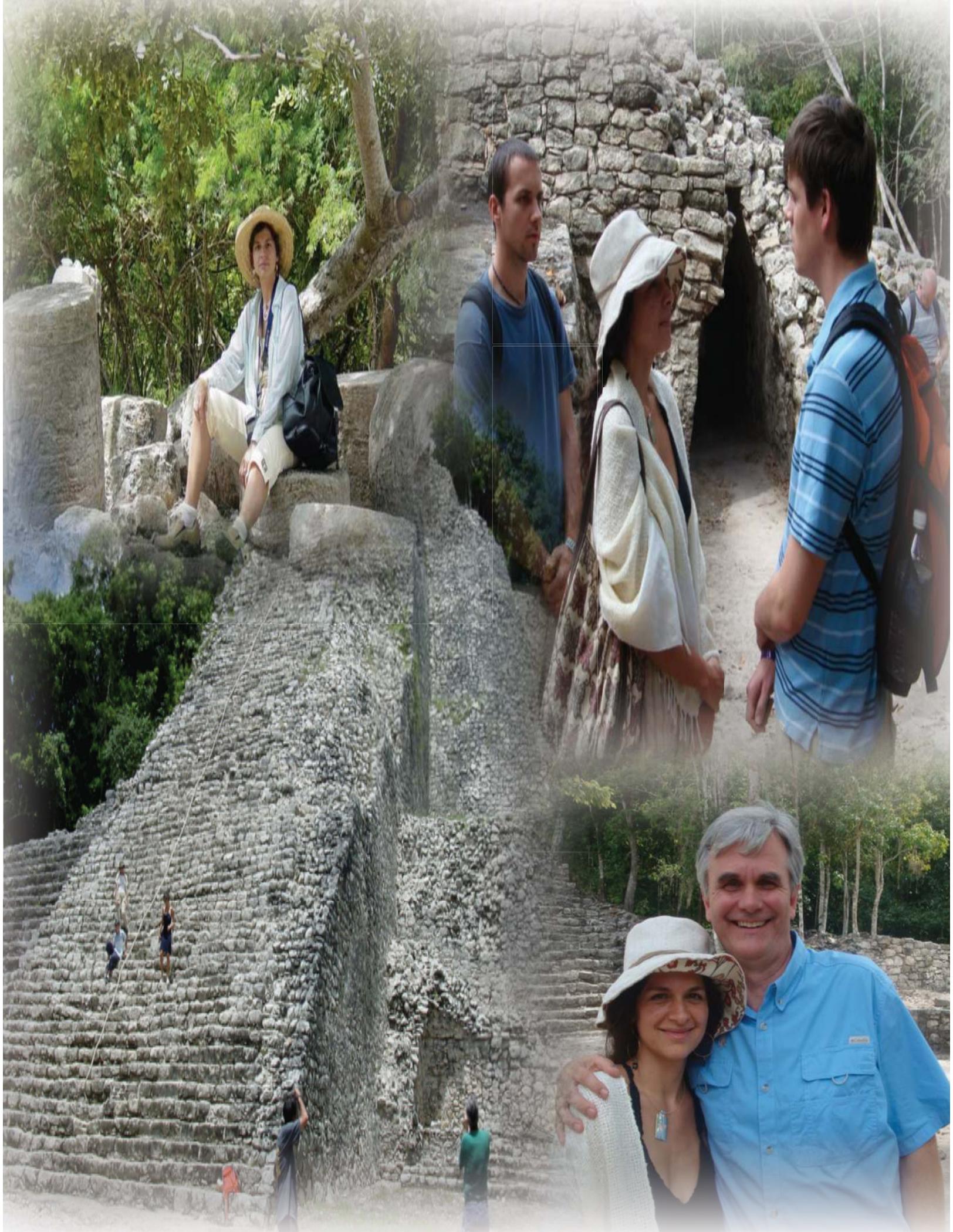
Whether you call it "the flow" or Divine Karma, synchronicity, The Infinite Field or The Golden Flow, this power is as innate as walking and breathing. Yes, each of us has this power...this inner force within us that can be used to create the life that we desire. In my own life, I call it The Infinite Field. I have experienced this infinite power many times before. When I met my husband, everything just seemed to naturally fall into place and an Infinite Love from the Divine came forth. (I'll talk more about that in our Infinite Love issue February 2010). I've also experienced this extraordinary power with this magazine time and time again. As I searched for

someone to discuss "the flow" and to teach us how to flow in this Divine power without end, first Kristopher's face and then Kalyn's face magically appeared. I wanted to talk with someone who was able to tap into this extraordinary energy, and who knew the secret of how to keep this energy flowing.

If you have ever experienced this flow, then you may find yourself wondering: How can I get back in "the flow"? or How can I experience this everyday?

I sat down with Kristopher & Kalyn Raphael, creators of The Golden Flow System and founders of The Toltec Mystery

School, to find out how each of us can live in The Golden Flow every moment of our lives. Like a love story straight out of the pages of an Indiana Jones novel, Kristopher & Kalyn were married in the beautiful Teotihuacan Pyramids, the 2nd largest Pyramids in the world, near Mexico City. They were married by Don Miguel Ruiz, the author of *The Four Agreements* who is a Toltec Path Shaman. Kristopher and Kalyn now lead "journeys" to sacred places around the world for their students and spiritual seekers to embrace the wisdom of the ancient and divine.



Synolve:

What is The Golden Flow? Do you find that other people who are also in “the flow” - whether they are teachers or spiritual seekers - also attract to you and your vision?

Kristopher:

We call it The Golden Flow, but it is the same thing as The Infinite Field. It actually comes from your source energy and flows from your source through you. In that field, everything is there that you could ever desire. All the answers that you could ever want to know are there. And all of the people that are in “the flow” or who are in the Infinite Field will naturally appear to you.

Synolve:

That’s amazing. Share with us some of the things that can happen to you in your experiences with The Golden Flow?

Kristopher:

We were traveling in Mexico and were at a hotel. Sitting at the table next to us was the hotel owner and the Minister of Tourism. The gentleman came over and we began talking about our trip. At the time, we had no idea who he was. He told us unique places to visit and he also arranged everything for us. This is what happens when you’re in “the flow”. You find people wherever you are to assist you on your path. You will naturally attract those people to you.

Synolve:

I’ve had a chance to listen to your teachings: The Golden Flow System which is available at <http://golden-flow-system.com>. And one of the things that I realized is that just like Dorothy in the Wizard of Oz, I’ve always had my shoes on all of the time...I’m already in The Golden Flow and I’ve always been in The Infinite Field.

Kristopher:

Yes! Absolutely, “the flow” is always there. The only difference is people have some resistances and blockages about stepping into it. It’s like if you could imagine a large huge river, and in that river all your desires are already manifested. Say you have a deep desire authentic desire, your source..where the infinite field comes from, has already created everything for you and all you have to do is to step into that river.

Synolve

So what keeps us from our flow or makes us feel like we are not in “the flow”?

Kristopher:

The difficulty is that people encounter is that they have blocks. For example, maybe they want to have a more intimate relationship, but they’ve had some bad relationships in the past. So they have some fear of intimacy; therefore, they don’t really step into that infinite field or that flow. Maybe they want or desire a new job or career, but they are afraid or have had some bad experiences with bosses or jobs in the past.

Whatever the fears are...those resistances, that’s all that stops you from moving into “the flow”. Once you step into it, it’s all there. You don’t HAVE to MAKE IT happen. It’s already done for you in that infinite field or in what we call The Golden Flow.

Synolve:

I read in the introduction to The Golden Flow System, that once you are into The Golden Flow that you don’t have to concentrate on releasing anything anymore. That it just comes natural to you. How is that? Why is The Golden Flow System different from other systems in that way?

Kristopher:

One of the biggest difficulties people have...And it is the very first step in The Golden Flow....is that they resist any pain or fear or anything from their past (and they’re all past memories). They are afraid to look at them [pain or fears] and to feel them. The problem with that is: By doing this, they [memories] just stay in your subconsciousness. The Golden Flow and many other systems, such as The Toltec System that Don Miguel does, teaches us to Welcome the Fear in or whatever block or fear that exists for you. Welcome “it” in:



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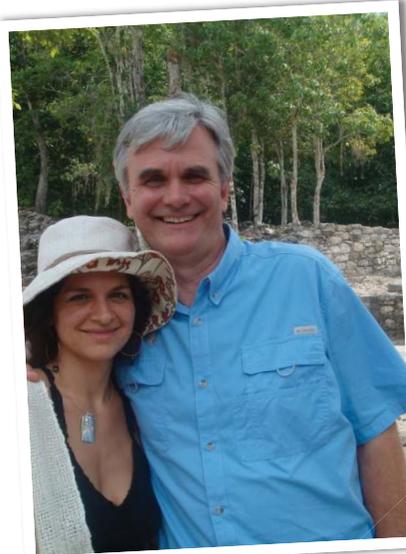
Step 1:

Kristopher:

Welcome the fear. Allow it to be there. Once you do that it will naturally flow thru you. When you do that, then step by step you begin to clear all those resistances.

Kalyn In Depth:

At that point, you start to go back to an authentic state where you were meant to be. In other words, for all of us, we're meant to be in a place where we're feeling great....where we're enjoying life. Things happen, but we have to look at it as if we were a young child. For example, when a child trips and falls, they may cry for a minute. But then they get back up and go back to what they would prefer to do or to what they prefer to experience or to what they would prefer to have. And so [with The Golden Flow], we come back to more of that authentic place where we are flowing with life. Instead of being stuck with all of our problems or feeling riddled with problems or weighed down with problems, The Golden Flow System teaches you how to let all of that flow so you're back in your sources flow. There you're having that genuine authentic natural experience in which life is a beautiful thing and your dreams come true. You work through problems. They [problems] are not monumental. They're just small things. You can shift and become who you truly are. Also, it is really at that point which allows you to connect with more of your divinity. Because when you are in "the flow", you get a better sense of your connections with your source. You get a better connection with everything including your life, your work, or other people. Whereas when you're really worried about problems or when we're not in "the flow" and we're having a hard time, we tend to forget our connection. We tend to forget who we are.



We tend to forget who we really are. We just get bogged down with what we're preoccupied with, so when you're in "the flow" and you're letting things flow on by and you're staying in "the flow", then your life is just in a much more fluid place.

Synolve:

It's interesting that you used the example of a child. I remember when my children were little, and I would think that if they climbed on something and fell or hurt themselves that they wouldn't want to repeat the action or do it again [whatever lead to them getting hurt].

Kristopher:

Yeah! That's right!

Kalyn:

Right!

Synolve:

But I was always surprised that they'd want to go right back to whatever it was that they were doing before they got hurt. As adults, we will say over and over to ourselves 'You know I can't climb that or I can't do this, because you know I fell last time.' And we'll repeat that story over and over again.

Kristopher:

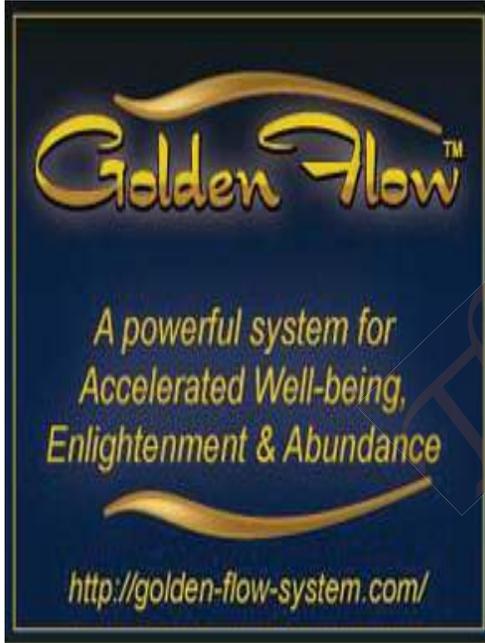
The Toltec's and what Don Miguel teaches is that this is called domestication. A child, like our daughter for example, will keep jumping off of a wall until she masters the art and no longer has to hurt herself in the process. Children teach us such great lessons.

Kalyn:

That's the kind of thing that keeps us from staying in that flow...when we keep telling ourself that same story. Children do a really good job of staying in "the flow".

Kristopher:

One thing that Scott Blum said in last month's issue is that "The Infinite Field is that NOW moment." Children live in that NOW moment. They may have skinned their knee, but they don't dwell on it. They just get back up and do it again. They are excited and only think about how far they can jump. They concentrate on how much they are enjoying the moment. The Infinite Field is living in that NOW moment. If you think about it, if you're always worried about the past, then it's just that...the past, and that puts you out of "the flow". It puts you right out of The Infinite Field.

**Synolve:**

Oh! WoW! It just clicked for me! I just got the NOW moment. The NOW moment has been something I've struggled to understand. I've struggled for a long time with the NOW. And although I've heard it explained many times

before, I just got it! When you said it Kristopher...about the NOW moment, and Kalyn, with your example of children enjoying the moment, I GET IT!! Children are only into the wholeness of the NOW moment....enjoying now. Children enjoy what they are experiencing now and aren't worried, for example, if they reach for a pot whether something might fall on their heads or if they might get hurt. They are just solely focused on the moment. Meaning: How shiny the pot is or how good the pot feels. They are oblivious to whatever else is going on around them. They are just

enjoying the pot NOW and all of their energy is focused on the moment NOW.

Kristopher In Depth:

And not only do we do it the other way too when we get to be adults. But we also begin future tripping. Wondering what's going to happen in the future. Am I gonna have my job in a year from now? Am I gonna have enough money to do this or that? How's this person gonna react when I see them? When we look at children, they don't worry about things like that. They

When you are in this place, in The Flow, life conspires to support you and works with you to make your dreams come true.

are completely enjoying that NOW moment....experiencing solely that NOW moment. The Door Way to The Infinite Field or to The Golden Flow is always in the NOW moment. That's why one of the first steps is to remove the blocks because those blocks put you out of the NOW moment. There's usually something in the past that has created the fear or apprehension or worry. Or there is some pain in the past you're afraid might happen again. When you're thinking about recalling something that happened in the past, that puts you out of the NOW moment because those are all past moments.

Synolve:

Now, I understand. That is why gratitude opens you up to the NOW, and puts you back in the NOW.

Kristopher:

Yes. Gratitude is a wonderful and powerful way that puts you back in "the flow". Another way which is very similar to gratitude is to cherish every moment of your life. And really appreciate your life. Appreciate the person that you're with, and appreciate the house you live in. No matter how bad things are, you can find something to be grateful for and something you can appreciate. This can put you in The Golden Flow and in The Infinite Field.

Synolve:

What's the next Step after Welcoming It?

Step 2:

Kristopher:

The second step is what we call “To Flow It.” The first step is that you just allow it to be there..whatever it is. You don’t chase it away or wish it was gone. You just Welcome it. After that, there is a point where you realize that there is a energy that flows through you like a river. And you take the pain or whatever you have allowed to be there, and just let it release it and allow it to flow down the river. You would be very surprised at how powerful “letting go and letting it flow really is” and how wonderful you feel after you do it. But you can’t do the second step until you welcome it and release the blocks. So the first step is very important.

Kalyn:

At that point, after you’ve done the first two steps, people are generally flowing pretty well. Those first two steps are very significant because it tends to be really hard for people to let their experience fully come to them especially if it’s something that’s pretty negative. It can be really difficult for people sometimes to just allow it to be with them. Once they’ve done that, then the next step is to let it flow because at that point it requires you to really let it go. And that tends to be hard because we’re so used to holding on to negativity. So those first two steps are really important. If people can get to that second step they’re doing really well. At then, people begin to feel lighter and they feel that they can handle life better. They feel like life’s problems aren’t really so persistent.

Step 3:

The 3rd step is to Allow the replacement to come. And for that to happen, you simply go into your flow. You allow that source energy to come to you. So there’s nothing really to do, but to allow. What happens is your source does come and that Golden Flow or that infinite field which is always present, opens to you because you open yourself to it. You start to connect to it [source energy/The Golden Flow/The Infinite Field] more and receive more of that energy.

Synolve:

Kalyn, you and Kristopher have worked with many clients over the years. Tell me what some of your clients have experienced after going through The Golden Flow System.

Kalyn:

For a lot of participants that we’ve had who’ve worked with The Golden Flow, they start to find the resolution to a problem or they start to see and figure out how to attract something to themselves. Everything starts to fall into place. A lot of that is happening in that 3rd step where there is nothing to do, except allow. Because at that point you have gotten yourself into your flow. Everything shifts then. EVERYTHING changes.

Kristopher:

What we tried to do, when this system was downloaded to us, is to make it simple for everyone. By the time you enter the 3rd step, you’re already flowing and have already entered The Infinite Field or The Golden Flow. Then what you need, will then be given exactly as you need it. Exactly what you need will be given to you. Whether its a solution or an answer that you have been looking for, maybe you need love or maybe you need security. Whatever it is, you call the replacement: (your source energy, that golden flow, that infinite field) you will be there, right there where it is. And it will always be there for you. That 3rd step is when you are actually in the infinite field.



My talk with Kristopher and Kalyn is perhaps one of the most fascinating conversations that I have ever had. This conversation is most fascinating because for the first time since I first stumbled upon The Infinite Field, I am getting some direct insight from God/Source/Universe/Spirit on exactly what this divine gift that I call The Infinite Field really is and really means. Ask and you shall receive. Yes, I had asked to know more and to learn more about The Infinite Field. I wanted to be able to understand it myself and to be able to coherently share it with others.

Kristopher and Kalyn were so generous with their knowledge. They took me step by step and explained so purely and so plainly what The Infinite Field is and how we can live there. Not only that, they live it by example and have allowed me such a private and personal peak into their journey. It is one of authenticity and spirit.

Something broke inside me and opened up. During our conversation, I went through the steps. I welcomed some things that were deep inside me...things that I had pushed far away from me. I welcomed them. Then I allowed them to flow down the river of The Infinite that flows inside me. Instantly, I was back in "the flow." Back doing what I love, which is sharing good stuff with all of you...back in The Infinite Field where I belong. Ahh, yes...It never left me. It has always been there. All I had to do was click my heels and I am home.

What a beautiful place The Infinite Field truly is for me and for all who choose this as a dwelling place. If you've been lost or perhaps couldn't find your way, I welcome you home. HOME. This is your final destination. The Golden Flow. The Infinite Field.

Namaste

Infinitely Yours,

Synolve

To learn more about Kristopher and Kalyn Raphael, visit them at the following websites:

The Golden Flow (www.golden-flow-system.com)

Kristopher Raphael (www.kristopher-raphael.com)

Kalyn Raphael (www.kalynraphael.com/blog)

Toltec Mystery School (www.toltecmysteryschool.com)

Sacred Journeys (www.mysticalodessys.com)



Synolve Craft is the Editor-in-Chief & Publisher of The Infinite Field Magazine.